

12-HOUR EUCHARISTIC ADORATION

As Catholics, we believe that during the celebration of the Holy Mass, through the words of consecration spoken by the priest, the bread and wine truly become the Body and Blood of Jesus Christ. Although the Eucharistic Host continues to appear as bread to our senses, we believe with faith that Jesus Christ is truly, really, and substantially present in the Blessed Sacrament.

Eucharistic Adoration flows from the sacrifice of the Mass. It gives us the opportunity to remain with Jesus and to continue our prayer and worship beyond the celebration of the Eucharist. In Adoration, the consecrated Host is placed in the Monstrance, and we spend time consciously in the presence of Christ.

This is not simply a time to “do” something. We come simply to be with Jesus.

During Adoration, we can speak to Jesus in the silence of our hearts. We can thank Him for His blessings, praise Him for His love, ask for forgiveness, bring Him our worries and struggles, pray for our families and friends, and intercede for our parish, our Church, and the whole world. We can also simply sit quietly before Him and allow His presence to bring peace to our hearts.

In our busy lives, we often have very little time for silence. Eucharistic Adoration gives us a precious opportunity to step away from the noise and distractions of everyday life and to rediscover the presence of God. As we remain before Jesus, we can experience a deeper inner peace, renewed strength, and a greater desire to follow Him.

Adoration can also help us in our spiritual battle. By drawing closer to Christ, we become more aware of His love and more determined to turn away from sin. His presence helps us examine our lives, seek His mercy, and receive the grace we need to resist temptation and grow in holiness.

Come and Spend One Hour with Jesus

We warmly invite every parishioner to take part in our 12-Hour Eucharistic Adoration on **9th October 2026 starting from 7:00 pm (after 6:00 pm Mass)**. You do not need to be an expert at prayer. You do not need to know what to say. Jesus simply asks us to come and spend time with Him.

- Perhaps you have a family member who needs prayer.
- Perhaps you are carrying a burden or a difficult decision.
- Perhaps you are looking for peace.
- Perhaps you want to give thanks to God.
- Perhaps you simply want to grow closer to Jesus.

Whatever you are carrying in your heart, bring it to Jesus.

Please consider committing yourself to one hour of Adoration. Your presence is not only a gift to Jesus but also a gift to our parish community. When we gather before the Blessed Sacrament, we pray not only for ourselves but also for our families, our parish, our priests, vocations, the Church, and the needs of the whole world.

Let us make this 12-hour period a beautiful time of prayer, silence, thanksgiving, and communion with Christ.

- Come. Stay with Jesus for one hour.
- Let Him speak to your heart.
- Let Him bring you peace.
- Let Him transform your life.
- “Could you not watch one hour with me?” (**Matthew 26:40**)

Please sign up for an hour and join us for this special time of Eucharistic Adoration.

Your one hour of prayer can become a beautiful gift to Jesus and to the Church.

Come and spend an hour with the Lord. He is waiting for you.

12-HOUR EUCHARISTIC ADORATION

REGISTRATION ROSTER

Please register your name for the hour you will spend in Adoration.

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“Could you not watch one hour with me?” — Matthew 26:40